



The Aryan Times

BCM ARYA MODEL SR. SEC. SCHOOL
Shastri Nagar, Ludhiana

Editorial

Dear Aryans

Every day our phones flood us with notifications - messages, alerts, updates - each flashing for a few seconds before disappearing. But have you ever noticed that life, too, sends us its own kind of notifications? They don't buzz or blink, yet they arrive silently and quietly wait for us to notice them. These are not ordinary notifications; these are opportunities.

Each day is filled with hidden opportunities in school whether it's raising your hand to unlock new understanding, stepping into a competition to discover a hidden talent, or giving a little more effort than yesterday to surprise yourself with how much you can achieve.

Here's something I want you to remember : Opportunities don't come with a sound. They don't pop up with a ping. They arrive quietly, disguised as effort, consistency, and courage. If you're alert, you catch them; if you're distracted, you scroll past them forever and the exciting part is - you are surrounded by them right now, in your classrooms, your playgrounds and even in the conversations you have with your peers and teachers.

So, dear students, as we step into the second half of this academic session, let us not count time by the messages we receive but by the opportunities we embrace, for each one is life's way of saying, "Here's your chance!"

Because at the end of the year, when you look back, you won't remember how many pings you answered—but how many chances you took, how many moments you created, and how many dreams you turned into achievements.

So, dear students, let not the buzz of notifications decide your destiny - let the quiet knock of opportunities shape your future.

Mrs. Pooja Arora
Editor



CBSE Skill Expo & Guidance Festival-2025

A GRAND CONFLUENCE OF INNOVATION AND INSPIRATION

Brimming with ideas and youthful energy, **BCM Arya** became the epicentre of talent and innovation as it proudly hosted the CBSE Skill Expo & Guidance Festival, with participation from over **70 schools in the Guidance Festival and 30 in the Skill Expo**.

The two parallel segments – the Skill Expo, showcasing eco-friendly and groundbreaking exhibits, and the Guidance Festival, offering career sessions by industry experts – brought together creativity and vision under one roof.

A major highlight was the **virtual address by Dr. Biswajit Saha, Director (Skill Education), CBSE**, whose words resonated with both students and educators. The presence of **Sh. Rajesh Kumar Gupta, Regional Officer, CBSE Chandigarh, as Guest of Honour**, and **Ms. Dimple Madaan, DEO Ludhiana**, further elevated the occasion.

While the Guidance Festival illuminated career pathways through expert insights, the Skill Expo impressed visitors with scalable and innovative models evaluated by an elite jury. The event reaffirmed CBSE's and BCM Arya's shared vision of blending academic excellence with skill-based education to empower learners for future.

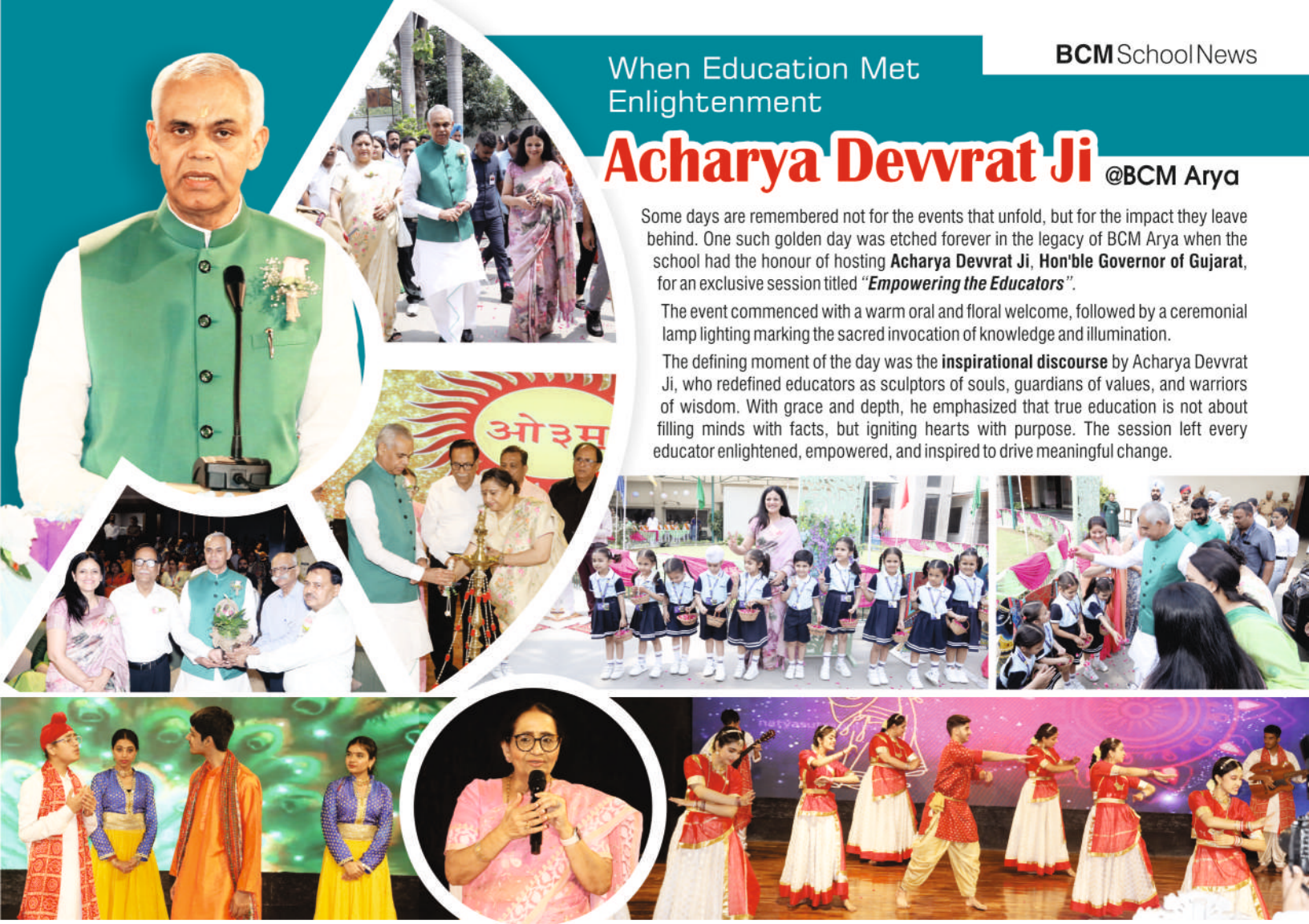
When Education Met Enlightenment

Acharya Devvrat Ji @BCM Arya

Some days are remembered not for the events that unfold, but for the impact they leave behind. One such golden day was etched forever in the legacy of BCM Arya when the school had the honour of hosting **Acharya Devvrat Ji, Hon'ble Governor of Gujarat**, for an exclusive session titled **"Empowering the Educators"**.

The event commenced with a warm oral and floral welcome, followed by a ceremonial lamp lighting marking the sacred invocation of knowledge and illumination.

The defining moment of the day was the **inspirational discourse** by Acharya Devvrat Ji, who redefined educators as sculptors of souls, guardians of values, and warriors of wisdom. With grace and depth, he emphasized that true education is not about filling minds with facts, but igniting hearts with purpose. The session left every educator enlightened, empowered, and inspired to drive meaningful change.



ANNUAL PRIZE DISTRIBUTION CEREMONY 2025

A Dazzling Celebration of Excellence, Spirit and Success

A radiant atmosphere of pride and celebration filled the air as our school hosted its much-awaited Annual Prize Distribution Ceremony 2025 - a magnificent event that honoured achievement and applauded dedication.

The grand ceremony was graced by the presence of renowned industrialist and visionary **Ms. Sandeep Minnie Riat, Managing Director of Akal Springs Ltd.** as the Chief Guest. The ceremony's crowning glory was the Prize Distribution, celebrating academic excellence from Nursery to Class XII and recognising exceptional talents in special categories such as Best Orator, Best Artist, Innovator of the Year, Science Prodigy and All-Rounder, alongside the heartfelt felicitation of teachers, whose dedication lights the path for every learner.

This celebration was not just a recognition of achievements it was a powerful reminder of BCM Arya's mission: to inspire, to empower, and to nurture leaders of tomorrow.



September 2025

Our school celebrated its **Toppers' Day 2025** – ABHINANDAN with great pride and enthusiasm.

The event began with the lamp lighting ceremony by **Chief Guest Ms. Avni Khosla, Vice President & Trustee, Shoolini University, Solan**, along with the School Management Committee, setting a tone of reverence and inspiration.

A mesmerizing classical fusion, Sapphire Rhythms, marked the cultural opening, followed by the **release of BCM Pride**, the annual compendium of the school's achievements.

The highlight of the day was the **Prize Distribution Ceremony**, where more than **268 achievers** were honored for their excellence. The school also felicitated **50 dedicated educators** for their steadfast contribution.

The celebration concluded with an energetic Bhangra and the National Anthem, making ABHINANDAN 2025 a day of inspiration and applause.

ABHINANDAN 2025
A STANDING Ovation FOR BRILLIANCE



Heralding the Torchbearers of Tomorrow (Investiture Ceremony)

Newly elected members of BCM Arya's Proctorial Board assumed their roles with pride during the Investiture Ceremony for the session 2025-2026. The ceremony was graced by **Mr. Gaurvdeep Singh, Founder and Chairman, Initiators of Change** as the Chief Guest.

The event reached a heartfelt peak as the newly elected representatives - **Senior Head Boy - Abhishek Dhandra**, **Head Girl - Shiffa Masood**, **School Captain - Simarjot Kaur** redeemed their pledge, vowing to uphold the school's ethos and serve their roles with honour and dedication.

Principal, Dr. Anuja Kaushal applauded the young leaders and urged them to lead by example, uphold discipline, and remain rooted in values while embracing their responsibilities with confidence.



TechManthan 3.0

Redefining Innovation Across Borders

In a breathtaking celebration of innovation, the much-awaited flagship event, TechManthan 3.0, was proudly unveiled on 21–22 August 2025. The mega fest witnessed a record-breaking participation of **50 schools**, including **6 international schools** from **Nigeria, Abu Dhabi, Kathmandu, and Sharjah (UAE)**, along with **14 prestigious schools** across India and **30** from Ludhiana.

Over two enriching days, participants engaged in **fifteen exhilarating events** that tested creativity, intellect, and futuristic vision. The fest was graced by Chief Guest **Dr. Anuj Sharma, HOD, Computer Science and Applications, Panjab University, Chandigarh** and judged by eminent experts from diverse fields. Anticipation reached its peak with the declaration of the **Best School Award**, which was conferred upon **BCM School, Basant City, Pakhowal Road**, for its outstanding performance across competitions.



ECHOES OF EMINENCE

From Chalkboards to Code : CBSE CBP on AI in Classrooms

BCM Arya took a pioneering stride by hosting the CBSE Capacity Building Programme on "Usage of Artificial Intelligence in Classrooms." The session witnessed the participation of 60 teachers and was enriched by the insights of **Ms. Manjeet Jauhar**, seasoned CBSE resource person, and **Ms. Shaina Ahluwalia**, AI Educator and Head of Computer Department, Manav Rachna International School, Ludhiana.



AN INSIGHTFUL CBSE CBP : HIGHLIGHTS THE PATH TO LEARNING OUTCOMES

CBSE experts **Ms. Sandhya Dewan** and **Ms. Madhu Sharma** provided practical insights on designing instructional strategies around learning outcomes and stressed the importance of measurable teaching methods that ensure core competency development.



INTER SCHOOL COMPETITIONS

Arenas of Achievers

NATIONAL GLORY @ KALA SANSKRITI UTSAV

In a stellar showcase at the Kala Sanskriti Utsav – National Level Dance Competition held at Delhi, our talented dancer **Gaurisha Arora (X-E)** brought laurels to the school by clinching multiple accolades. **1st Prize - Solo, 1st Prize - Duet, 2nd Prize - Solo (Pure Kathak).**



FRAMING GLORY: SACHIN SHINES @ NATIONAL LEVEL

Sachin Malhotra (XII-MM) made the school proud by securing top honours at the National Level Photography Competition hosted by EduJunior.



FROM IDEAS TO IMPACT - A NATIONAL WIN

Rohan Arora, Keshav Goyal & Deepanshu Jain (2024-2025) emerged **National Winners** at the School Innovation Contest 2023-24. Their project secured a **grant of ₹87,500** from the **Ministry of Education & AICTE**, along with an Appreciation Award at the National Exhibition, New Delhi.



WAVES 2025 GLORY

Mahi Saluja (IX-H) and **Rabhya Wadhwa (IX-E)** clinched the **Second Prize** in the **WAVES Young Filmmakers Challenge** for their short film on **"Humanity & Technology."** Chosen from over **500 entries**, they were **honoured** at the **World AV & Entertainment Summit** in Mumbai by **Dr. L. Murugan** and **Shri Anupam Kher**, with mentorship at **Whistling Woods International**.



SPORTING GLORY @ SPACE OLYMPIAD JUNIOR 2025

Kirandeep Kaur (X-D) clinched the **School Rank - 1, 5th National Rank** along with the **ISRO Tour**. While **Harit Aggarwal (X-C)** secured the **School Rank-2** and **Dhruvin (V-H)** made his mark with **School Rank-3**.



FUTURE TECH OLYMPIAD 3.0

BCM Aryans from Classes VII–XII bagged **46 medals** at the **Future Tech Olympiad 3.0**, held online in collaboration with **CBSE & IMIB**, showcasing innovation, knowledge, and futuristic vision.



AMBIT YOUTH PARLIAMENT

Gurrehat Kaur (XI-CFS-B), Madhav Aggarwal (XI-Arts), Kritika Garg (XI-Arts) represented **BCM Arya** at **Guru Nanak Dev Engineering College, Ludhiana**.



SARVODAYA YUVA SANSAD @ DELHI UNIVERSITY

Competing among top orators from **DPS Varanasi, CMS Lucknow, LK Singhania, LSS Kashipur**, and several national and international schools, **Kaushik Bansal (XII Com B)** brought laurels to the school, by winning a **High Commendation Award** along with a **cash prize of ₹3000**.



LSSC QUIZ CONTEST 2025

In the LSSC Quiz Contest held at KVM School, **Abhishek Dhanda (XII-CFS)**, **Kavish Gupta (XI-CFT)**, and **Kirandeep Kaur (X-D)** secured **First Prize**.



SATYAM INNOVATION FEST 5.0

At Sat Paul Mittal School, Ludhiana, **Abhishek Dhanda (XII-CFS)**, **Prisha Jain (XII-CFS)**, **Kavish Gupta (XI-CFT)**, **Divyam (X-G)**, **Harshveer (X-F)**, and **Karanveer (IX-A)** won **Third Prize** along with a cash award of ₹11,000 in Satyam Innovation Fest.



MEDIA FEST 2025

Our Young artists, **Parnika (XII Arts)** and **Pranav (XI CFS)** secured the **First Prize** in the PICTO- Test Your Communication competition.



JAMGHAT 2025

A creative team of ten students secured **2nd position** in the **Fashion Design** event at **JAMGHAT-2025**, organised by Odd Box.



VEDIC DECLAMATION

Triumphing over 13 finalists across Punjab, **Advika Kaul (XI Med)** won **First Prize** along with a cash prize of ₹6800 in the **Vedic Declamation Contest** at **DAV School, Pakhowal Road**.



INTER SCHOOL VEDIC DECLAMATION

At the Inter-School Vedic Declamation hosted by BCM School, Basant City, **Pranav Chhuneja (IX-E)** secured **Second Prize**.



DECOROUS

In the Inter-School Event Decorous hosted by DCM Presidency School, our students showcased creativity and flair.

- **Sarthak (VI-I)** won the **First Prize** in Category B (Table Mat).
- **Aliya (VIII-G)** earned a **Consolation Prize** in Category C (Doodling).
- **Niyati (IX-J)** and **Shiyana (IX-G)** received a **Consolation Prize** in Category D (Table Runner).
- **Anureet (XII-Arts)** and **Pranav (XI-CFS)** bagged the **First Prize** in Category E (Tray Decoration).

STORYTELLING COMPETITION UNDER HUBS OF LEARNING

In the Storytelling Competition under Hubs of Learning hosted by Mount International School, **Mehaan Khurana (VIII-D)**, **Hargundeep Kaur (VII-A)**, and **Jasmine Kaur Gill (VI-H)** won First Prizes.

EDU JUNIOR STORYTELLING COMPETITION

Tanvi (XII-CFS) and **Kritika (X-F)** made the school proud by winning **silver medals** and certificates at the **EDU JUNIOR Online storytelling Competition**, showcasing their exceptional storytelling skills.

POEM SINGING COMPETITION 2025

Mayank Mukesh Sharma (IX-C) won **Third Prize** among 220 participants in Punjabi Poem Singing Competition at Government College for Women, Ludhiana.



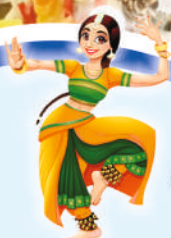
STEAM Galore-2025

From July 15 to 18, 2025, nearly 800 enthusiastic students of Classes VI and VII participated in the event with remarkable zeal and creativity.



Culinary Excellence Unleashed

Celebrating the Talent, Teamwork, and Passion of Our Chef Student.



Our dance enthusiasts set the stage ablaze with their electrifying moves, thumping feet and entrancing gestures



Roots & Renewal

Vedic Karmayoga Camp Highlights

From June 1 to June 7, 100 students participated in a transformative week-long Residential Vedic Karmayoga Camp, offering a perfect blend of tradition and self-growth through daily Hawan, meditation, yoga, personality grooming, pottery, creative hours, fitness training, team-building exercises, and rejuvenating spiritual walks. The camp concluded with a heartfelt closing ceremony graced by **Dr. Satish Kumar Sharma, Former Director (Colleges), DAV CMC.**



ACHARYA ARYA NARESH JI conducts a soul-stirring motivational session

BCM Aryans experienced a spiritually enriching morning as **Acharya Arya Naresh Ji**, a renowned Vedic scholar, inspired students and teachers alike. Beginning with a Vedic prayer, he emphasized the power of "Om," Gayatri Mantra, inner discipline, and physical well-being. Citing Guru Virjanand and Maharishi Dayanand, he equally stressed devotion and self-control.





NATIONAL GLORY : GURASEES CLINCHES BRONZE AT KHELO INDIA

Gurasees Kaur Sandhu (XI CFS) clinched **3rd place** in **U-18 Girls Basketball** at Khelo India Youth Games 2025, held in Patna. Her triumph was lauded by the school leadership for her passion and perseverance.



WINNING STREAK OF ADITYA TREHAN @ DISTRICT AND STATE LEVEL SWIMMING CHAMPIONSHIPS 2025

BCM Arya proudly congratulates **Aditya Trehan** of Class XI (Medical) for his spectacular achievements at the **District and State Level Swimming Championships 2025**, held at **PAU Swimming Pool, Ludhiana**.

At the **District Championships**, Aditya dominated both the **Under-17** and **Senior** categories with an impressive haul of: **3 Gold, 2 Silver Medals**.

Continuing his winning streak at the **Punjab State Championships (18th–20th July)**, he added to his medal tally with: **2 Gold, 3 Silver, 3 Bronze Medals**.

His outstanding performance has earned him a spot to **represent Punjab at the Nationals in Ahmedabad in August 2025**.



SAANVI NAUTIYAL SHINES BRIGHT @ PUNJAB STATE JUNIOR & SENIOR BADMINTON RANKING

Showcasing exceptional talent at the Punjab State Junior and Senior Badminton Ranking Tournament in Barnala, **Saanvi Nautiyal (XII-NM-B)** clinched **three Gold medals** — U-19 Doubles, U-19 Mixed Doubles, and Senior Doubles.



LSSC CHESS TOURNAMENT 2025

BCM Aryans showcased sharp intellect and unbeatable strategy at the **LSSC Chess Tournament 2025**, clinching top positions across categories:

- **Under-14 Boys & Girls** – 1st Position
- **Under-19 Boys** – 1st Position
- **Under-19 Girls** – 2nd Position

Congratulations to our young chess wizards for their stellar performance and tactical brilliance on the board!



LSSC YOGA COMPETITION ACHIEVEMENTS

Our talented **BCM Arya girls' teams** displayed exceptional skill and discipline at the **LSSC Yoga Competition** held at **BCM Basant City, Ludhiana** on **8th August 2025**.

- **U-19 Girls' Team** – Secured **Overall 2nd Position**
 - Karul Tyagi (XII-Med)
 - Many Raheja (IX-E)
 - Daksha (IX-D)
 - Devanshi Kohli (X-B)
 - Kavyanjali (IX-G)
- **U-14 Girls' Team** – Secured **Overall 3rd Position**
 - Avni Narang (VIII-A)
 - Japneet (VI-E)
 - Khwahish (VIII-A)
 - Aahana (VIII-F)
 - Aakriti (VII-D)

BCM ARYA SHINES AT LSSC SWIMMING TOURNAMENT

Our students made waves at the **LSSC Swimming Tournament** held at **Bal Bharti Public School**, clinching the **1st Runner-Up Trophy** with stellar performances across categories **U-14, U-17, and U-19**.

The event turned out to be a medal haul for the school with **Aditya Trehan (XI Medical)** being crowned as Best Swimmer U-19 category while securing **4 Golds and 1 Silver**. Adding to the glory, **Sukh Sahib (XI)**, **Arsheen Kaur (IX-C)**, **Mansehajpreet Singh (V G)** and **Saish (V B)** bagged **1 Silver and 1 Bronze** each, while **Arnav Thakur (X A)**, **Kunwarjot Singh (VIII E)**, **Mehransh Singh (VII I)** and **Bhavik (VII C)** showcased remarkable skill, winning **Silver medals**.

PUNJAB SCHOOL DISTRICT FENCING CHAMPIONSHIP

At the Punjab School District Fencing Championship held at **Dashmesh Nagar**, **Aarav Garg (VIII-B)** showcased excellent skills and clinched the **Gold Medal in the U-14 category** and got selected for Punjab School State Tournament.

PUNJAB STATE SUB-JUNIOR BADMINTON RANKING TOURNAMENT

At the Punjab State Sub-Junior Badminton Ranking Tournament held in **Jalandhar**, our players showcased commendable performances:

- **Satvik Bhatia (IX-G): Gold** in U-15 Doubles, **Silver** in U-15 Singles, **Bronze** in U-17 Doubles
- **Aditya Sharma (XI- Com A): Silver** in U-17 Doubles
- **Kartik Kalra (XI-MM): Bronze** in U-17 Doubles
- **Raghav Bhatia (XI-Arts): Bronze** in U-17 Doubles
- **Aadvik Bhatia (VII-B): Bronze** in U-15 Doubles

BCM ARYANS EXCEL AT PUNJAB SCHOOL DISTRICT YOGA TOURNAMENT

U-19 Girls:

- **Karul Tyagi (XII-Medical)** **1st position** in Artistic Solo Yoga, Traditional Yoga and Artistic Group Yoga.
- **Daksha (IX-D)** **1st**, in Artistic Pair Yoga.
- **Kavyanjali (IX-G)** and **Devishree (X-B)** **2nd position** in Rhythmic Yoga

Under-17 Boys category, the team clinched **Overall 1st position** with:

- **Aatmik Tyagi (VII-B): 1st** in Artistic Solo, Artistic Pair and Traditional Yoga
- **Bhavish (VIII-J): 1st** in Artistic Pair
- **Viraj (VIII-B)** and **Gaurav (VIII-J): 3rd** in Rhythmic Pair Yoga



PUNJAB SCHOOL DISTRICT JUDO TOURNAMENT

Our students showcased their talent at the Punjab School District Judo Tournament held at **Govt. School, Sekhewal**. In the **U-17** category, **Shagun (X-I)** bagged the **Gold Medal**, while the commendable performance of **Shagun(X-I)** and **Shorya (IX-F)** secured their place in the State Level Tournament, bringing laurels to the school.

ECO CARE, SOCIAL SHARE



GREEN SCHOOL PROGRAMME

EARTH DAY CELEBRATION- OUR POWER, OUR PLANET

With zeal and creativity, students celebrated Earth Day by participating in various activities like vegetable and flower imprint art, bookmark making, Nature Mandalas, posters, collages, and essays on environmental themes. Under the **Eco Club's Mission LIFE** initiative, they also created QR codes for plants in the school garden, blending technology with nature to promote environmental awareness.



BCM ARYANS NURTURING NATURE

In a heartwarming initiative to protect birds from the harsh summer heat, our school joined hands with **Jan Jagruti Sangh (NGO)** to launch a meaningful bird care campaign titled **'Wings of Compassion.'** The drive aimed to provide birds with essential resources like water, shelter, and food, turning empathy into action.



WORLD ENVIRONMENT DAY 2025 WITH PLOGGING DRIVE AND BIRD NEST INITIATIVE

In celebration of World Environment Day 2025, themed **"End Plastic Pollution"**, BCM Arya, in collaboration with **MC Ludhiana, Zone D**, organized a Plogging Drive to raise awareness about plastic waste and promote sustainable living.



JAL SHAKTI PROGRAM

Under the **Jal Pakhwada Action Plan** by the Ministry of Jal Shakti, a series of activities were conducted to spread awareness on water conservation. Students took a water pledge during morning assembly and actively participated in rallies, quizzes, e-poster making, door-to-door campaigns, debates, sharing water-saving tips, and an expert talk on water management, fostering responsibility towards sustainable use of water.



EK PED MAA KE NAAM 2025

850 saplings of ornamental plants, trees were distributed under Mission Life Ecoclub among students and teachers. Students planted the saplings with their mothers, filled the form given by Mission Life and received online certificate. The project was to pay tribute to Mother Nature.



COMMUNITY OUTREACH PROGRAMME

VISIT TO GRACE PUBLIC SCHOOL

Spreading joy and learning, our students visited Grace Public school. In alignment with **SDG 4 – Quality Education**, the school donated 150 sample books of all subjects. Students conducted green activities in classrooms and distributed chocolates, making the visit a heartwarming experience for a noble cause.



ECHOES OF KNOWLEDGE : VOICES THAT INSPIRE



DEPARTMENT OF SKILL EDUCATION



Our Skill Development Officer, **Mr. Bhupinder Singh**, judged **ACME 2025** at **Guru Nanak Engineering College**.



Mass Media students attended an interactive session with **Mr. Sharan**, acclaimed **art director of Mastaane** and **Rabb Da Radio 2**, organized by **Initiators of Change** with the Media Department, linking classroom learning to real-world filmmaking.

Mass Media Students Explored **AVGC Careers** with **Mrs. Riya Arora**, Director of **MAAC Punjab**.



Students interaction with **Sushant Verma**, Hair Therapist, Entrepreneur, Master Hair Stylist, and owner of Saint Barber and Luxury Salon.



Mass Media students attended a guest lecture on Filmmaking and Media Careers by **Ms. Arshpreet Kaur**, Assistant Director in the Punjabi film industry and proud BCM Arya alumna.

Our DSE, in collaboration with Ludhiana Management Association, organized an MDP on "Money Habits: Build Habits, Build Wealth", managed by Class XII CFS students and empowered 130 participants with strategies for financial well-being.



Industry expert **Mr. Rajesh Kumar Soni** enlightened students on Financial Markets.



The Department of Fashion Studies organised a **workshop** for Fabric painting by a **renowned artist, Mr Prem**.



Insightful session with **Ms. Prerna Beri**, Assistant Manager, Hyatt Regency, Ludhiana.



Knowledge-packed session with **Ms. Gurleen Kaur**, Valuation Analyst at Nomura, on taxation in financial markets.



Enlightening Session with **Mr. Gagandeep Singh Sodhi**, TPO at GNDEC, Ludhiana, on IoT, automation, and AI-driven smart systems for Class XI AI students.



Interactive session with **Mr. Rohit Gangar**, Senior Manager, Punjab National Bank, Ludhiana.



Engaging talk by **Ms. Tavcharan Kaur**, Fashion stylist, model, and social media manager,



Illuminating session with **Ms. Gurleen Kaur**, Senior Data Analyst at Nomura, on "Careers in Data Science".



- **Ms. Urvashi Bhardwaj** served as the **Resource Person** for a Teachers' Training workshop on Information Technology under the CBSE CBP Programme.
- Selected as a **national-level content writer** by CBSE's Skill Education Department during a consultative meet at Sishu Niketan School, Chandigarh, for piloting IT training manuals and CBPs.



Ms. Ambica Soni, as a CBSE **Resource Person**, conducted a workshop on **AI in the classroom** at DAV School, Chandigarh and also led the national webinar **Code Smarter, Not Harder**.

Ms. Maninder Kaur, as CBSE **Resource Person**, led a Capacity Building Programme on Multimedia (821), training 90+ teachers across India in creative, industry-aligned teaching.



Students of Beauty and Wellness and Fashion Studies went for a combined visit @ **UK London Beauty Salon and academy**.



Fashion studies students of Class XI & XII @ **NIIFT Mohali and Government Museum, Chandigarh**.



Mass Media Students @ **Doordarshan Kendra, Jalandhar**.



MENTAL HEALTH FEST

Mann Mela, Punjab's largest youth **Mental Health Fest**, held with **Initiators of Change**, featured expert sessions by **Ms. Vama Oswal** and **Ms. Ishneet Kaur Sodhi** while **Mr. Gaurav Deep Singh** and the **School Director** inspired students to value mental well-being.



DRIVING WITH CLEAR VISION: EYE CHECK-UP CAMP FOR TRANSPORT STAFF

To promote eye health and road safety, a free eye check-up camp was organized for the transport staff. Optometrists conducted vision tests and screenings for common eye issues.



WORLD NO TOBACCO DAY

To observe World No Tobacco Day, a vibrant **display board** near the reception showcased anti-drug messages through thought-provoking **charts, posters, and slogans**.

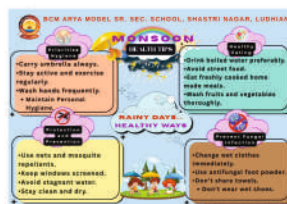
A **poster-making activity** was also conducted for Middle and Senior Wing students on the theme "Say No to Drugs."



YOGA SAFARI AND MONSOON WELLNESS DRIVE

A fun-filled **Yoga Safari** for UKG students was organized, where children performed animal-inspired yoga poses like Tree, Lion, and Cat, followed by **meditation** and **mindful breathing** to boost their physical and mental well-being.

A **digital pamphlet** on "**Monsoon Health Tips**" was also shared to spread awareness among students and parents about staying healthy during the rainy season.



Leadership that Empowers

Our Principal's Journey of Excellence

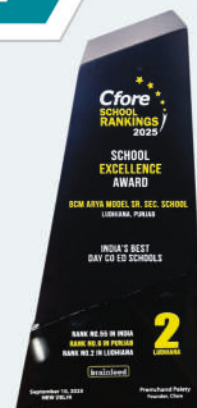


Dr. Anuja Kaushal
Principal

- Honored to present a **case paper at the CBSE National Teachers' Conference 2025 on "Beyond the Textbooks – STEAM Galore : A Model for Experiential Learning and 21st-Century Skill Development."** The paper was adjudged Best Paper (**First Position**) under the sub-theme "Enhanced STEM Competencies and 21st-Century Skills" for presentation at the National Conference.

- Received **The Rabindranath Tagore National Principles Award 2025** for dedication and innovative approach to equipping young learners with essential life skills.
- Received **EduHonours Award** in The Education Summit by Time 2 Grow in Amritsar for outstanding and exemplary work in the field of Education.
- Received **Principal of the Year Award** in National Education Conclave 2025 – The Finest Yearly Educational Conclave of India, by Plus 91 Media in partnership with IBM.
- Received Award of Honour for gracing The Speaking Minds Youth Conclave 2025 as a Guest Speaker, which was presented by Initiators Of Change
- Article on – Life Style for the Environment , Sustainable Practices in School**, got featured in the prestigious **CBSE CENBOSEC Magazine** (July–December 2024 Edition)
- Received certificate of appreciation from National Finance Olympiad , for exemplary guidance, strategic oversight and dedicated efforts to advance Financial Literacy in the school
- Member CBSE Inspection Committee
- Member CBSE Review Committee
- Resource Person CBSE: Conducted CBP for Teacher's Training
- Attended CBSE online meeting on Restructuring Assessment Framework for Skill subjects on 07-05-25
- Attended CBSE online session on Parenting Calendar Orientation session on 27th May 2025
- Organized Introductory meeting of the session 2025-2026 under Hubs of Learning at BCM Arya.

OUR GALLERY OF GLORY



Scaling Global Heights: BCM Arya conferred with

British Council RIDS Award 2025 - 28



BCM ARYA MODEL SR. SEC. SCHOOL
SHASTRI NAGAR, LUDHIANA

TEDspire Welcomes

all the Eminent Speakers



MS. RAJNI BECTOR
Padma Shri Awardee
Founder, Cerebra Group of Companies



MR. ANUBHAV GREWAL
CEO, Bake Fresh



MR. MILIND KWATRA
Founder, Virginides, Former Founder & CEO, Hum Hain Foundation



DR. PRIYANKA KALRA
Psychotherapist, Geriatric Psychiatrist,
Neuropsychiatrist



MS. ANVITA CHHATWAL
Certified Clinical Dietician and
Wellness Expert



GURREHAT KAUR
Student, BCM Arya



DR. HONEY WALLIA
Associate Professor, Deptt. of English,
Khalsa College for Women, Ludhiana



MS. RAASHI SOOD
Lyricist, Producer & Hdyback Singer



RACHITA CHANDOK
Student, BCM Arya

SparkSphere

Mapping the brilliance through Thoughts & Talks

Educator's Training Corner

01

Ms. Sukriti Sidana participated in the workshop Transition with Care conducted by Ms. Rupa Mirgani.

02

Ms. Neeraj Sharma attended a two-day Training of Trainers programme conducted by Mrs. Ramandeep, Joint Secretary, CBSE, and Mr. A.K. Singhal from ISTM, Govt. of India.

03

Dr. Dimple Sharma and **Ms. Neeraj Sharma** took part in the Career Fiesta at Manav Rachna International School, Ludhiana.

04

Ms. Nisha Chopra and **Ms. Simran Kaur** were part of the LSSC Community Circle – First Round (English).

05

Ms. Harpreet Chauhan and **Ms. Simrat** were engaged in the LSSC Community Circle – First Round (Social Sciences).

06

Ms. Sonakshi Talwar joined the LSSC Community Circle – First Round (Science).

07

Ms. Ritu Katyal attended the LSSC – Physics Workshop : Discussions and Insights.

08

Ms. Puja Katyal and **Mr. Amit Goyal** took part in the two day CBSE Capacity Building Program on Accountancy.

09

Ms. Mandeep Kaur and **Ms. Seema** were engaged in a workshop on Use of Artificial Intelligence in classrooms.

10

Dr. Nikhil Sharma, **Ms. Meenakshi Kalra**, and **Ms. Namita Sood** participated in the Capacity Building Program on NCF-SE 2023.

11

Ms. Simranpreet Kaur, **Ms. Dilpreet Kaur** and **Ms. Diksha** took part in a workshop under the Capacity Building Programme.

12

Ms. Kanika attended LSSC Community Circle - Mathematics Senior Secondary Workshop 2025.

13

Ms. Madhvi attended LSSC Community Circle Programme (Business Studies).

14

Ms. Mona Goyal attended a workshop on "Community of Practice."

CELEBRATING DAYS : CREATING MEMORIES

MELODIES IN MOTION : RHYTHMIC TRIBUTE TO WORLD MUSIC DAY

Our Music department commemorated World Music Day with a heartfelt musical presentation. A soulful video composed and performed by the school's music faculty, paid tribute to music as a timeless source of joy, peace, and inspiration.



ROOTED IN TRADITION, RISING IN SPIRIT : INTERNATIONAL YOGA DAY

In a serene celebration of balance, mindfulness, and well-being, International Yoga Day was observed with great enthusiasm. The event was graced by **Prof. Sanjeev Tyagi, Founder of Everest Yoga & Pilates Institute, Ludhiana**, who encouraged students to **live with intention, breathe with awareness, and move through life with inner balance and peace.**



BEATS OF BELONGINGS : DRUM CIRCLE @ BCM ARYA

The school hosted a soul-stirring **Drum Circle Event**, facilitated by the dynamic **Kaaraj Collective Team** in collaboration with **Doon Drum Circle**. More than just a musical experience, it was a powerful journey into mindfulness, harmony, and collective energy.



FATHER'S DAY CELEBRATION FEATURING A SOULFUL PANEL DISCUSSION

With great zeal and heartfelt emotions, Father's Day was celebrated through a soulful panel discussion featuring five distinguished fathers—**CA Amrish Gupta, Dr. Parminder Singh Sidhu, Dr. Umesh Sehgal, Mr. Birinder Singh Gulati, and Dr. Navdeep Sharma.**



NATIONAL SCIENCE DAY : CODING THE FUTURE

On National Science Day 2025, students from various schools delved into AI, IoT, and automation through an engaging workshop featuring the design of AI-powered driverless cars using LEGO Spike Prime. Guided by expert mentors and **supported by PSCST and NCSTC**, the event offered hands-on exposure to emerging technologies.



Quote of the Quarter

Quote of the Quarter

*The seeds we
plant today in
minds and
hearts will
blossom into
the world we
dream of
tomorrow...*



By : **Mrs. Henna Soni** (Co-Editor)
Designed by : **Ms. Davinder Kaur**

सुविधा से दूर, उड़ान भरपूर



एक राजा को एक बार बाज के दो बच्चे उपहार में मिले। वे दोनों बहुत ही सुंदर और अच्छी नस्ल के थे। राजा ने उनकी देखभाल के लिए अनुभवी व्यक्ति को नियुक्त किया। कुछ महीनों बाद, राजा बाजों को देखने के लिए प्रशिक्षक के पास पहुँचे।

राजा ने देखा कि दोनों बाज बड़े और शानदार हो गए थे। राजा ने बाजों की उड़ान देखने की इच्छा जताई। अपने प्रशिक्षक का इशारा पाते ही दोनों हवा में उड़े। लेकिन यह क्या? एक बाज तो आसमान की ऊँचाइयों को छूने लगा, जबकि दूसरा बाज कुछ ऊपर जाकर वापस उसी डाल पर आकर बैठ गया।

राजा ने यह देखकर आश्चर्य से पूछा, “क्या बात है? एक बाज इतनी अच्छी उड़ान भर रहा है, जबकि दूसरा बाज उड़ना ही नहीं चाह रहा?” व्यक्ति ने जवाब दिया, “जी महाराज! इस बाज के साथ शुरू से यही समस्या है। यह इस डाल को छोड़ता ही नहीं।”

राजा ने कुछ देर सोच-विचार किया और तुरंत उस डाल को कटवाने का आदेश दिया। बाजों को उनके प्रशिक्षक के हवाले करके वह पुनः महल में लौट आए।

थोड़े दिनों बाद राजा फिर बाजों की उड़ान देखने के लिए पहुँचे लेकिन इस बार उनके आश्चर्य की सीमा ना रही जब दोनों बाज आसमान की ऊँचाइयों को छूने लगे। अब महाराज अति प्रसन्न थे कि मूल समस्या को समझने के कारण ही वे दोनों बाज पक्षियों की ऊँची उड़ान देख सके।

प्यारे बच्चों! इस कहानी से हमें यह सीखने को मिलता है कि हर किसी में अपनी क्षमता और प्रतिभा होती है, लेकिन कभी-कभी हमें सही मार्गदर्शन, प्रोत्साहन और अपनी सुविधाजनक स्थिति से बाहर निकलने की गहन आवश्यकता होती है ताकि हम अपनी पूरी क्षमता का उपयोग कर सकें। अतः आप भी अपनी शक्तियों का सदुपयोग करें, अपनी सुविधाजनक स्थिति से बाहर निकलें और यकीन मानिए, सारी दुनिया आपकी मुट्ठी में होगी।

डॉ. अनु शर्मा कौल



PSYCHOLOGY club

WHEN WORDS FALL SHORT LET ART SPEAK

How Drawing, Doodling, and Colours Can Help You Feel Better Inside
“Art is the only way to run away without leaving home.” - Twyla Tharp

Dear gentle soul,

Have you ever felt a big feeling - like sadness, worry or anger and didn't know what to do with it? Maybe you tried to talk, but the words just didn't come. That's okay. Because there's something kind and magical that understands you without needing words - and it lives in your colours, sketches and doodles.

That something is art - your personal safe space, where every feeling is welcomed. You don't need to be “good” at drawing to use art. You just need to be you. Whether you're scribbling your mood, colouring a happy memory or painting your secret world, you are giving your emotions a place to rest. Each stroke is like saying, “I matter. My feelings are real.” This becomes your gentle hideaway - a quiet corner to reconnect with your brave, joyful self.

So next time the world seems too chaotic take a pause and deep breath. Pick up a colour. Let it speak for you. You'll be surprised how much lighter you feel, how much closer you come to that safe, shining part of yourself.

Mrs. Sukriti Sidana
PGT Psychology

LIBRARY CORNER

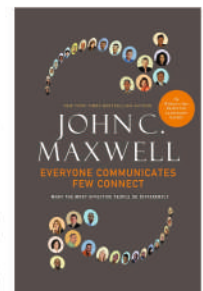
SENIOR LIBRARY

Total No. of Books : 20,244

Name of the book : Everyone Communicates, Few Connect

Author : John C. Maxwell

In this transformative read, John C. Maxwell explores the art of meaningful communication. He asserts that true connection goes beyond mere conversation - it lies in understanding, empathy, and trust. With practical strategies and real-world insights, the book empowers readers to listen actively, communicate with purpose, and build impactful relationships. A must-read for anyone striving for personal and professional success in today's fast-paced world.



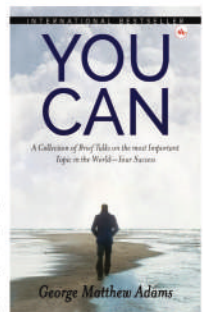
JUNIOR LIBRARY

Total No. of Books : 11320

Name of the Book : You Can

Author : George Matthew Adams

A timeless motivational gem, **You Can** inspires readers through crisp, thought-provoking passages. With themes of self-belief, character-building, and purposeful living, Adams offers daily doses of wisdom that remain relevant even today. A perfect read for anyone seeking everyday motivation in simple yet powerful words.



Prelude

Beginning the Journey Together

The "Prelude" Open House for Nursery students marked a joyful and promising state to the new session. The atmosphere brimmed with excitement as little learners, their parents, and teachers came together for engaging activities that highlighted the warmth of the teacher-student bond. The day offered a welcoming glimpse into school life, creating a sense of comfort and belonging while setting a positive tone for the journey ahead.



Kindergarten Activities

A MAGICAL WELCOME



Harvesting Joy, Spreading Smiles



A TRIBUTE TO TIRELESS EFFORTS



BONDING OVER BITES



CRAFT TIME





NURTURING NATURE

VOICES FOR GREENER PLANET



POLISHING CONFIDENCE



**SUPER CHAMPS,
SUPER SMILES**



**RED SPARKS
HAPPINESS**



WELLNESS BEGINS WITH US



**EXPRESSIONS
IN
MOTION**



SHOWING TINY TREASURES



DRIZZLE AND DAZZLE



SMILES OF MONSOON



**SPLASHING
INTO FUN**



DROPS AND DIMPLES



PITTER-PATTER PLAY



MOMS IN ACTION

A Day with Mom



A MINUTE TO WIN



TALENT WITH GRACE



**BEAUTY OF
MOTHERHOOD**



**WALK OF
ELEGANCE**

RAINBOW JOY DAY



PRIMARY

Activities

INVESTITURE CEREMONY

The Investiture Ceremony, graced by Chief Guest Mr. Shobhan Soj, was held with solemnity and grandeur. The newly elected Student Council assumed their duties with pride as Jayash Chandel was appointed Head Boy and Prabhnoor Kaur Head Girl, marking the dawn of leadership, responsibility, and commitment among the school's young torchbearers.

BCM School News



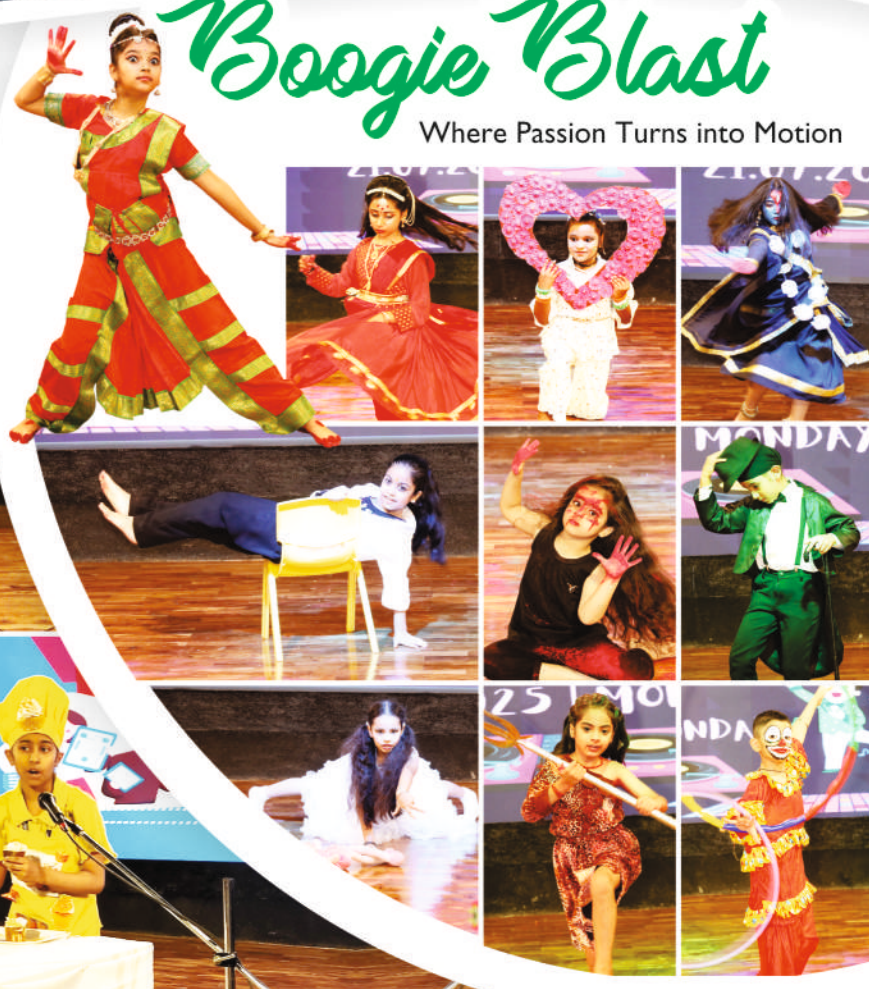
BRAND BLITZ

Crafting Brand with a Bang



Boogie Blast

Where Passion Turns into Motion



VEDIC DECLAMATION



Timeless Chronicles

Timeless Chronicles proved to be a remarkable platform where students turned theory into practice through well-designed experiments. They explored concepts deeply, applied ideas with precision, and gained meaningful insights. This experiential learning not only strengthened their academic base but also fostered curiosity, critical thinking, and innovation.



Infotainment Show

The Infotainment event for grade III was a vibrant blend of learning and fun, where students enthusiastically engaged in activities that combined knowledge with enjoyment. Designed to spark creativity, communication, and curiosity, the interactive sessions and playful explorations made learning an engaging experience. Along with gaining new insights, students developed confidence and teamwork, adding meaningful value to their holistic growth.



MY HERO Monologue

Carrying Forward the Torch of Leadership



Independence Day

Celebrations by Arya Samaj

A powerful wave of patriotism coursed through Harmony Hall as the Arya Samaj Group of Schools came together to celebrate India's **79th Independence Day** with great fervour. The atmosphere brimmed with pride as **Brigadier P. S. Cheema, VSM, SM**, honoured the event as the **Chief Guest**, accompanied by members of the school management whose presence added dignity to the occasion.

The day unfolded with the solemn **flag-hoisting ceremony**, the dignified **Guard of Honour**, and a spirited **March Past** led by the school band, setting a rhythmic beat of national pride.

The cultural showcase was a vibrant blend of music, dance, and drama. From the melodious **patriotic mashup by R.S. Model School** to the expressive choreography **Echoes of Patriotism (Desh Prem Ki Goonj)** by **BCM Arya**, the stage came alive with fervour. **BCM International School** whereas stirred emotions with **Warriors Never Off Their Duty** whereas **Arya Kanya Gurukul** spread joy with their group performance, and **BCM Arya School, Lalton**, left the audience moved with their powerful play **Operation Sindoor**.

The Chief Guest's heartfelt words resonated deeply, inspiring the gathering with renewed pride in the nation's legacy. The celebration stood as a glowing reflection to unity, enthusiasm, and dedication of the Arya Samaj Group of Schools.



FEE PAYMENT SCHEDULE

Class	(Without Late Fee)	Timing of Accepting Fee
Nursery to I	1-3rd of October 2025	Monday to Friday
II to IV	4-5th of October 2025	10.00 a.m. to 1:00 p.m.
V to VIII	6-7th of October 2025	Saturday
IX to XII	8-10th of October 2025	10.00 a.m. to 11:30 a.m.

ACTIVITIES AHEAD

- **ANNUAL ATHLETIC MEET**
October, November 2025
- **ANNUAL SHOW - KINDERGARTEN**
12-14 November, 2025
- **PRE BOARD EXAMS**

* ₹50/- as fine after 12th of the first month of the quarter.

Co-Editor : Mrs. Henna Soni

